

CPR / AED

FREE TRAINING



Saturday, September 9th from 9:00am – 11:00am
Sacred Heart of Jesus Parish
Please RSVP to the parish office by September 5th

A representative from Commonwealth Health will be coming to Sacred Heart to do a free training for our parishioners, volunteers and friends in the parish auditorium.

Learn lifesaving skills of adult, child and infant CPR, adult and child AED use, and mild and severe airway block for adults, children, and infants.

Skills will be taught in a group environment using practice-while-watching technique. This “Family & Friends” CPR course does not provide certification. It is ideal for those interested in learning how to save a life.

Our hope is to have parishioners participate in this FREE Training in case of an emergency while here at mass or other church event.